

ELMWOOD-KILDONANS POOL



PROGRAM INFORMATION

SWIMMING INSTRUCTION

All classes are taught by qualified Red Cross/P.L.S.S.C. instructors as required. Levels of progression for Swim Instruction classes are as follows:

Level	Min. Age	Lesson Duration	Note: The amounts below will be added to course fees
Pre-school	1-5	25 Minutes	1) Leaders Course: \$10.00 Red Cross Administration \$ 1.50 - Book 2) Lifesaving III: \$ 2.00 - Test 3) Bronze Bar and Award of Merit Bar: \$ 2.50 - Test 4) Bronze Medallion: \$ 5.00 - Test \$ 1.50 - S.R.A. (taken with Bronze) (\$ 8.00 - Books, purchased later) 5) Bronze Cross - \$5.00 and Award of Merit: \$6.00 - Test
Regular Red Cross Program	6	25 Minutes	
Intermediate Senior, Lifesaving I-III		40 Minutes	
Bronze Medallion	14	90 Minutes	
Bronze Cross	14	90 Minutes	
Award of Merit	15	90 Minutes	
Red Cross Water Safety Leaders	15	180 Minutes	

Contact pool for days and time of Lifesaving Classes.

Children must be 8 years of age and 38 inches of height to shoulders to enroll in the Red Cross program.

Class Days and Times:

- Regular Classes:
 - Monday and Friday 9:00 a.m. - 9:45 a.m.
 - Monday, Tuesday and Thursday 4:30 p.m. - 10:00 p.m.
 - Saturday 8:00 a.m. - 12:00 noon

Additional Classes:

A) Adult Classes; B) Pre-School Classes; C) Parent and Child Classes — each child must be accompanied in the water by an Adult. A minimum age of 1 year is required.

- Monday, Tuesday and Thursday 1:30 p.m. - 3:30 p.m.
- Wednesday and Friday 4:30 p.m. - 6:30 p.m.

FEES:

Pre-school (under 6 years of age, minimum 1 year of age)	12 lessons \$ 8.00
Non-resident of Uni-city (adult or child)	12 lessons \$12.00
Parent and Child	12 lessons \$ 8.00
Children (14 years of age and under)	12 lessons \$ 8.00
Adults	12 lessons \$ 9.00
Family Rates: 2nd Adult	12 lessons \$ 8.00
2nd Child	12 lessons \$ 6.00
3rd Child	12 lessons \$ 5.00

NOTE: All children registered in pre-school classes as well as non-residents are NOT included in the family rate (exception: Parent and Child Class).

GENERAL INFORMATION:

- Your registration receipt must be shown to the cashier for each lesson.
- Arrive ten minutes before your class and bring a quarter to operate your locker (refunded).
- Extra programs may be offered upon sufficient demand.
- We reserve the right to re-schedule or combine classes as necessary. Registrations are insufficient to justify the programs as scheduled.

SCHEDULE OF CASUAL SWIMMING HOURS AND ADMISSION FEES

Public

Monday thru Friday	8:00 a.m. - 9:30 a.m.
Monday thru Friday	12:00 noon - 4:00 p.m.
Wednesday	6:30 p.m. - 9:45 p.m.
Friday	6:30 p.m. - 8:45 p.m.
Saturday	12:00 noon - 4:30 p.m.
	6:30 p.m. - 8:45 p.m.
Sunday	12:00 noon - 6:45 p.m.

Family (restricted to children, their parents and adults — toys and aids are allowed under lifeguards' discretion)

Sunday	9:00 a.m. - 12:00 noon
	7:00 p.m. - 9:00 p.m.

Adult (must be 18 years of age)

Sunday	9:00 a.m. - 12:00 noon
	7:00 p.m. - 9:00 p.m.
Friday	9:00 p.m. - 10:00 p.m.

Note: Use of specialized equipment by qualified people only upon lifeguards' consent during weekly noon hour and Sunday morning swims only!

FITNESS ROOM CASUAL HOURS

Monday thru Friday	7:00 a.m. - 4:00 p.m.
	6:00 p.m. - 7:00 p.m.
Saturday	12:00 noon - 6:00 p.m.
Mondays thru Thursdays	8:45 p.m. - 9:45 p.m.

Note: Participants must be 15 years of age unless accompanied by a parent. Instructors are available for consultation during casual hours.

For Your Information

- For holidays and special events please consult the pool.
- Various areas of the pool may be closed at certain times due to program.
- Consult the pool prior to a casual swim or workout.
- Lifeguards decisions are final in promoting a safe and enjoyable aquatic experience for all concerned.

ADMISSIONS FEES:

Adults:	65c or a strip of 5 tickets for \$2.75
Students:	(high school only with card) 35c or a strip of 5 tickets for \$1.50
Children:	(14 years and under) 20c or a strip of 5 tickets for \$.75
Senior Citizens:	35c or a strip of 5 tickets for \$1.50
Fitness Room:	\$1.00 adults, \$.65 students includes sauna & pool when available

JANUARY 24

1978